



SCOUTING FOR FOOD ***November 7, 2009***



Scouting for Food is a part of the BSA's Good Turn for America held annually to give goodwill and to "help other people at all times."

Purpose: To help fight hunger in the Long Beach Area Council is supporting Project Shepherd, while teaching Scouts the value of the Boy Scout slogan, 'Do a Good Turn Daily'.

Food Items: Canned and Dry Goods Only. Here are some examples:

- Soup - There are many varieties of soups available
- Tuna, chicken or other luncheon meat - Canned salmon is very healthy
- Fruit - Great replacement for produce
- 100 percent fruit juice - Pure orange juice contains vitamin C
- Vegetables - Definitely a plus for healthy foods
- Evaporated milk - Excellent source of calcium and protein
- Non-perishable food items (sugar, flour, rice, and beans)
- Any other nutrient meal food
- **Please no perishable, frozen or glass.**

WHAT IS SCOUTING FOR FOOD?

The word "Scouting" in Scouting for Food is derived from the Boy Scout movement. It is the Boy Scout organization that makes Scouting for Food a success. "Scouting for Food" is Scouting's community stewardship project aimed at addressing the problem of hunger in the community in which you live and work. The Scouting for Food campaign is a food collection effort carried out by Boy Scouts and Cub Scouts from your community.

WHY SCOUTING FOR FOOD?

Scouting for Food is a project rooted in the very foundation of the Scouting movement. Through initiative and hard work, the Boy Scouts have developed a framework that can feed tens of thousands of needy local residents with emergency aid. It is up to the people of your community to make Scouting for Food a success.

FOOD DROP-OFF DAY: November 7, 2009

Please Support the Boy Scouts Collecting Food for Project Shepherd

Polaris District Drop off location: Mayfair Park 5720 Clark Ave. Lakewood CA 90713
Contact: Margo Geesing (562) 428-3441