**Troop 212, Conditioning Day, May 7th**

**Mt Baden-Powell**

**Cost:** The trip is free. If your scout is riding with another adult, please give that driver money for gas.  **Please bring the standard permission slip to the church parking lot on Saturday May 7th** which can be found on the troop website. Drivers will need an **adventure pass** for parking.

**Departure: Saturday, May 7th at 7:00 AM** – Church parking lot. Please arrive promptly before departure for quick visual pack inspection and vehicle loading. Be sure to have **filled canteens** or hydration packs for the hike before you leave home

**Return: Saturday, May 7th, at approximately 6:00 PM,** back at Church Parking Lot.

After we depart the church, we will drive to the trail head off Angeles Crest Hwy. The hike is about 8 miles round trip with a 2818ft elevation gain. This is going to be a great conditioning hike to get everyone ready for Mt. San Jacinto. The boys are expected to show up with day packs and a bag lunch. The weather for the trip is to be about 50 degrees and cloudy. Please make sure you have a good breakfast and remember to pack a bag lunch.

Class B uniform is suggested, but not required...however, those in B's get extra points on the Rating Chart. We will NOT be wearing class A uniforms on this trip.

**As a minimum**, the following items should be **packed in a day pack** (NO black duffel bags):

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| * Brim Hat
* Pocket Knife
* Flashlight (small is best)
* Sunscreen and Chap-stick
* First Aid Kit
* Scout Handbook
 | * Bag lunch
* Poncho/Rain Gear
* Small baggy of Handy-wipes
* Toilet paper & trowel
* 3 liters of water
* Compass
 | * Matches or Flint
* Pencils, Pens, Notebook
* Rope – 10 Feet
* Sunglasses
* Whistle
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Due to the length of this hike please only pack a day pack. **Do not** pack as if we are on a weekend backpacking trip.

If you have any questions, please contact John Douglas or Vincent DeBiase