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#### **GENERAL INFORMATION**

Activity: Climbing and Rappelling Support for Troop 212

Long Beach Council Climbing Certification

Scoutmaster: John Douglas

Location: Stoney Point Park, Chatsworth, California

Date: Saturday November 10, 2018

Expected Temperatures and Weather: High 50's – 70's, partly sunny

Departure Time

6:00 AM from 6508 E. Don Julio St. Long Beach (Howard Ito's home)

Climbing Instructors:

Howard Ito, James Dixon, Kevin Cobabe, Chuck Smith, others TBD

Participants: T212, Level 1 and Level 2 trainees TBD

Permits Required:

BSA Tour Plan
Parental Release
Climbing and Rappelling Ir

Climbing and Rappelling Informed Consent

**BSA Medical Forms** 

#### **COMMUNICATIONS PLAN**

Primary: Cell Phone Reception (generally acceptable at climbing/rappelling area

Alternative: Runners (2) to Road (Topanga Canyon Blvd.), Cell phone and to guide

emergency personnel to accident site

Emergency Medical Contacts: ATTACHED

Scouting Contacts: TROOP LISTING AND PARENTAL RELEASE FORMS

## DIRECTIONS TO STONEY POINT PARK, CHATSWORTH

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See attached map

Approximate Distance: 44 miles

405 North to CA-118 West (exit 71a) toward Simi Valley CA-118 West to CA-27 Topanga Canyon Blvd. (Exit 34)

Turn Left on CA-27 Topanga Canyon Blvd.

Go past Stoney Point Park (large rock outcropping on the left side), Make a U-Turn at safe spot Find parking spot on the road along the Park

#### WHAT TO BRING

### **Mandatory:**

### For all Climbers, youth and adult:

Copy of BSA Medical Forms

Copy of Climbing Liability Release Forms

ALL MINORS: T212 Standard Permission Slip (Parent Release form)

### Suggestions:

Dress for climbing and rappelling on rocks.

Long Pants: rocks may wear new holes in them

T-Shirt

Sweat Shirt or Jacket (may be cold and windy)

Rain Gear

Water: 2 liters or more

Gloves (optional but highly recommended)

Sunscreen

Personal 1<sup>st</sup> Aid Kit

Camera (optional)

Day Pack

(See expected weather conditions and temperature above)

SACK LUNCH (no food vendors nearby)

Personal climbing gear (helmet, harness, locking carabiner, gloves) if owned

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NOTE: Climbing gear will be provided: no need to purchase.

# **Climbing Equipment: (Troop or Council Provided)**

1<sup>st</sup> Aid Kit/Trauma Kit

Climbing Harnesses

Climbing Helmets

Gloves

Static Rope (2) for Rappelling

Dynamic Rope (2) for Climbing

Carabiners

Rescue 8's

ATC/Belay Devices

Pullev

Padding and tarps for rope protection

#### REQUIRED PERSONNEL

Supervision: 10:1 Scout to Leader ratio required (starts at 2-deep minimum)

Actual need: TBD

Level II Climbing or higher Instructor(s): 1 Climbing Instructor Level II required

Assigned: Howard Ito, Kevin Cobabe, Chuck Smith

Level 1 Climbing Instructors: 6:1 participant to instructor ratio minimum

Assigned: TBD

### **CLIMB/RAPPEL PLAN**

# **Climbing:**

Establish a top rope system using 1 dynamic rope with pulley

Belayer on bottom

## Rappelling:

Easy Rappel set up using:

1 Rappel Rope (Static, Double)

1 Rappel Rope (Instructor Line, Static Double)

Fireman's Belay on bottom

Longer Rappel set up using:

1 Rappel Rope (Static, Double)

Fireman's Belay at bottom

Alternative Rappel set up using:

1 Releasable Rappel Rope (Static, Double)

Munter/mule hitches,

Instructor on second line

#### MEDICAL EMERGENCY PLAN

Access and Administer 1<sup>st</sup> Aid as required.

For serious injury, call 911 for emergency medical support.

Address: Stoney Point Park

11000 Topanga Canyon Blvd. Chatsworth, CA 91311

Administer 1<sup>st</sup> Aid as needed.

FOR SERIOUS INJURY, CALL 911 FOR EMERGENCY MEDICAL SUPPORT

Cell phone service from this location should be adequate. IF NOT, Send two adults to Topanga Canyon Blvd. to call 911 and then

Send two adults to Topanga Canyon Blvd to guide emergency personnel to accident site.

## **Emergency Medical Information**

**Area Police:** (4.3 miles east of location)

Los Angeles Police Department 10250 Etiwanda Ave, Northridge, CA 91311

818-756-8285

**Fire Department:** (1.7 miles south of location)

21800 Marilla Street, Chatsworth, CA 91311

818-756-8696

**Medical Facility:** (of location)

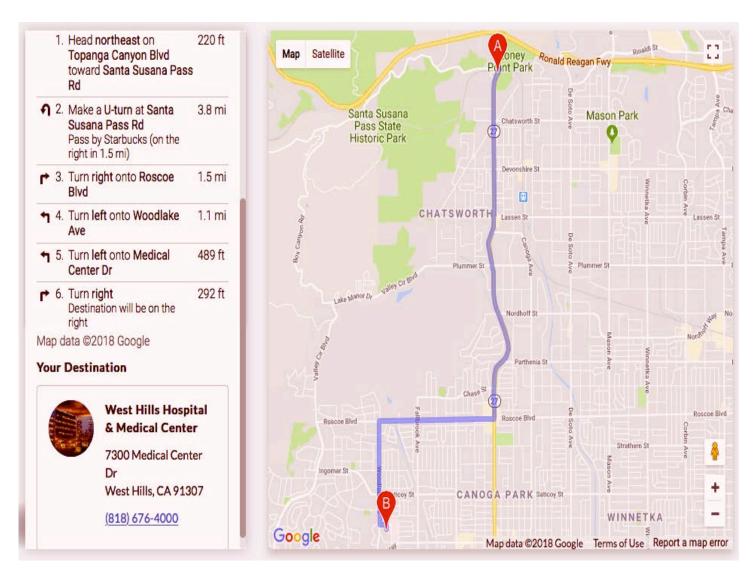
**Scout Phone Contact - Long Beach Area Council Phone Number:** 

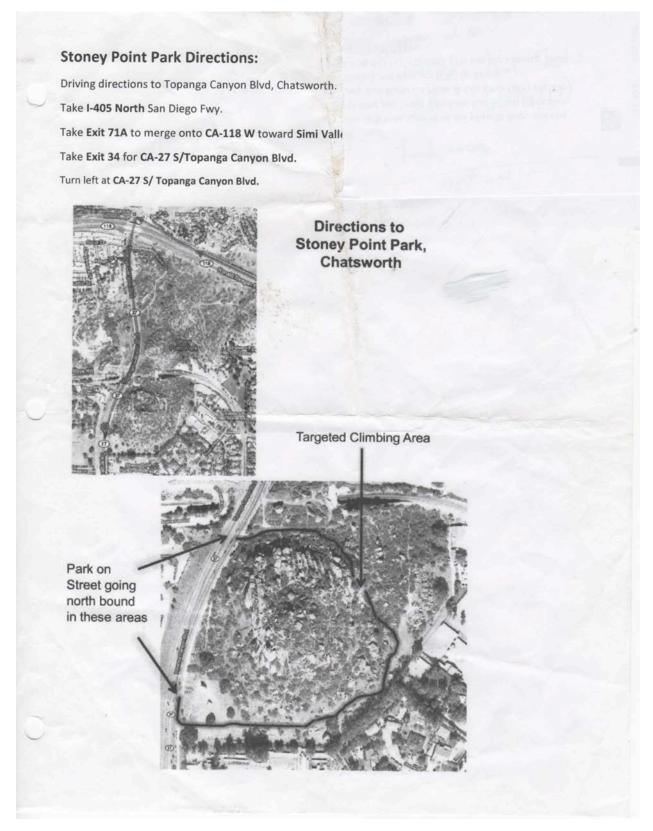
John Fullerton (562) 290-9750.

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### **MAPS**

# **Emergency - Hospital**





# Parental Informed Consent, Release and Indemnity Agreement, and Authorization For Cope / Climbing / Rappelling Activities

I understand that participation in the Cope / Climbing	g / Rappelling activity offered through
(uni	it# or organization*), Long Beach Area Council - BSA,
due to the physical, mental, and emotional challenges may be obtained from the venue, activity coordinator	*), Involves the risk of personal injury, including death, in the activities offered. Information about these activities is, or local council. I also understand that participation in icipants to follow instructions and abide by all applicable
fact that the Boy Scouts of America is an organization	er carefully considering the risk involved, and in view of the n in which membership is voluntary, and having full see safety and well-being of my (son, daughter, self), I have
given (print participant name*)	(my son/daughter/self)
my consent to participate in	(activity*) on(date*)
	and physical fitness requirement of the trip or activity.
List Participants Restrictions*, if any:	
consent to X-ray examination, anesthesia, and/or med considered necessary in the best judgment of the atter of a member of the medical staff of the hospital furni- serious illness or injury, reasonable efforts to reach m With participation of the dangers and risks associated transportation to and from the activity, on my own be unconditionally assume all and any risk of injury arise completely release and waive any and all claims of ar whether based on negligence or otherwise, for person	nding physician and performed by or under the supervision shing medical services. It is understood that in the event of a ne will be made.  I with programs and activities including preparation for and shalf and/or on behalf of my child, I hereby voluntarily and sing from participation in the activity, and fully and my nature whatsoever, to the fullest extent allowed by law, all injury, death, or loss that may arise against, and indemnify ca, the local Council, the Activity Coordinators, and all
	oval signatures required for Minors)
Print Name *	Print Name*
Signature (Parent/Guardian) *	Signature (Parent/Guardian) *
Telephone No.*	Telephone No.*
Date*	Date*
Medical Insurance (If known)	Physician (If known)
Policy Number (If known)	Physician Phone Number (If known)

\* Indicates required fields

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# Requirements for the Climbing merit badge:

- 1. Do the following:
- (a) Explain to your counselor the most likely hazards you may encounte while participating in climbing and rappelling activities and what you should do to anticipate, help prevent, mitigate, and respond to these hazards.
- (b) Show that you know first aid for and how to prevent injuries or illnesses that could occur during climbing activities, including heat and cold reactions, dehydration, stopped breathing, sprains, abrasions, fractures, rope burns, blisters, snakebite, and insect bites or stings.
- (c) Identify the conditions that must exist before performing CPR on a person. 72
- 2. Learn the Leave No Trace principles and Outdoor Code, and explain what they mean.
- 3. Present yourself properly dressed for belaying, climbing, and rappelling (i.e., appropriate clothing, footwear, and a helmet; rappellers can also wear gloves).
- 4. Location. Do the following:
- (a) Explain how the difficulty of climbs is classified, and apply classifications to the rock faces or walls where you will demonstrate your climbing skills.
- (b) Explain the following: top-rope climbing, lead climbing, and bouldering.
- (c) Evaluate the safety of a particular climbing area. Consider weather, visibility, the condition of the climbing surface, and any other environmental hazards.
- (d) Determine how to summon aid to the climbing area in case of an emergency.
- 5. **Verbal signals.** Explain the importance of using verbal signals during every climb and rappel, and while bouldering. With the help of the merit badge counselor or another Scout, demonstrate the verbal signals used by each of the following:
- (a) Climbers
- (b) Rappellers
- (c) Belavers
- (d) Boulderers and their spotters
- 6. Rope. Do the following:
- (a) Describe the kinds of rope acceptable for use in climbing and rappelling.
- (b) Show how to examine a rope for signs of wear or damage.
- (c) Discuss ways to prevent a rope from being damaged.
- (d) Explain when and how a rope should be retired.
- (e) Properly coil a rope.
- 7. **Knots.** Demonstrate the ability to tie each of the following knots. Give at least one example of how each knot is used in belaying, climbing, or rappelling.
- (a) Figure eight on a bight
- (b) Figure eight follow-through
- (c) Water knot
- (d) Double fisherman's knot (grapevine knot)
- (e) Safety knot
- 8. Harnesses. Correctly put on a commercially made climbing harness.
- 9. Belaying. Do the following:
- (a) Explain the importance of belaying climbers and rappellers and when it is necessary.
- (b) Belay three different climbers ascending a rock face or climbing wall.
- (c) Belay three different rappellers descending a rock face or climbing wall using a top rope.
- 10. Climbing. Do the following:
- (a) Show the correct way to directly tie into a belay rope.
- (b) Climb at least three different routes on a rock face or climbing wall, demonstrating good technique and using verbal signals with a belayer.
- 11. Rappelling. Do the following:
- (a) Using a carabiner and a rappel device, secure your climbing harness to a rappel rope.
- (b) Tie in to a belay rope set up to protect rappellers.
- (c) Rappel down three different rock faces or three rappel routes on a climbing wall. Use verbal signals to communicate with a belayer, and demonstrate good rappelling technique.
- 12. Demonstrate ways to store rope, hardware, and other gear used for climbing, rappelling, and belaying.

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