

**Troop 212, Conditioning Day, May 11th**  
**Mt Baden-Powell**

**Cost:** The trip is free. If your scout is riding with another adult, please give that driver money for gas. Please bring the standard permission slip to the troop meeting on Monday, May 6<sup>nd</sup> which can be found on the troop website. Drivers will need an **adventure pass** for parking.

**Departure:** Saturday, May 11th at 7:00 AM – Church parking lot. Please arrive promptly before departure for quick visual pack inspection and vehicle loading. Be sure to have filled canteens or hydration packs for the hike before you leave home

**Return:** Saturday, May 11th, at approximately 6:00 PM, back at Church Parking Lot. Return time is approximate, depending on the weather, traffic and our boys. Please check spot.

After we depart the church, we will drive to the trail head off Angeles Crest Hwy. The hike is about 8 miles round trip with a 2818ft elevation gain. This is going to be a great conditioning hike to get everyone ready for Mt. Sespe backpacking. The boys are expected to show up with day packs and a bag lunch. The weather for the trip is to be about 50 degrees and cloudy. Please make sure you have a good breakfast and remember to pack a bag lunch.

Class B uniform is suggested, but not required...however, those in B's get extra points on the Rating Chart. We will NOT be wearing class A uniforms on this trip.

As a minimum, the following items should be packed in a day pack (NO black duffel bags):

- |                              |                              |                           |
|------------------------------|------------------------------|---------------------------|
| ○ Brim Hat                   | ○ Bag lunch                  | ○ Matches or Flint        |
| ○ Pocket Knife               | ○ Poncho/Rain Gear           | ○ Pencils, Pens, Notebook |
| ○ Flashlight (small is best) | ○ Small baggy of Handy-wipes | ○ Rope – 10 Feet          |
| ○ Sunscreen and Chap-stick   | ○ Toilet paper & trowel      | ○ Sunglasses              |
| ○ First Aid Kit              | ○ 3 liters of water          | ○ Whistle                 |
| ○ Scout Handbook             | ○ Compass                    |                           |

Due to the length of this hike please only pack a day pack. **Do not** pack as if we are on a weekend backpacking trip.

If you have any questions, please contact John Douglas or Vincent DeBiase