



## Troop 212

### Historic LA Basin Long Distance Bike Ride

Sat- Sun, November 18-19, 2022



Dear Scouts and Scouters,

Join us for a historic ride along parts of famed Route 66, the Pacific Electric Inland Empire Railroad, and historic parts all throughout the LA Basin. On Saturday, we will ride approximately 50 miles from Rialto to our camp at Firestone Scout Ranch. Recreation Area. On Sunday, we will ride approximately 25 miles to Lakewood First United Methodist Church via the Historic Brea, La Habra and Whittier to the San Gabriel River Path. This trip will offer the chance to see many historical sites and natural wonders as we travel along the foothills of the San Gabriel Mountains, Chino Hills and Whittier Hills. All able-bodied parents are encouraged to join the ride. Class B uniforms are encouraged for this trip. Brightly colored safety Vests will be provided to the scout riders.

This outing can satisfy many Cycling merit badge requirements and give each scout an opportunity to complete the 50-mile in an 8-hour ride requirement. Be sure to discuss these with the Cycling Merit Badge counselor *before* the ride. Check points along the route will have water and support for the riders. Any riders who do not wish to travel the entire distance may summon a chase vehicle by cell phone at any one of the check points established along the route. *Scouts do not have to ride a bike to attend this outing as they may camp with the troop.* Vehicles will be available to transport riders back to the Church on Sunday, if they are unable to ride the 25-mile second day route. *Those that don't ride Sunday will assist in breaking down camp.*

#### **Important Dates and Times:**

**MONDAY, Nov. 14, 2022:** Signed Troop Permission Slip and \$30 food/program + \$15 Gas (= \$45) at the regular troop meeting.

**THURSDAY, Nov. 17, 2022: Food Shopping:** 7:00pm at Costco in Lakewood. Food will be **Troop Feed** for lunch, dinner and breakfast. All hands, scouts and scouters, needed for shopping.

**SATURDAY, Nov. 19, 2022:** The Troop will meet in the church parking lot at 6:30am to load bikes on the trailer and vehicles for the drive to the starting point in Rialto, California. Once on site, we will unload the bikes, conduct a pre-ride safety check, discuss the route, and review bike safety/contact information before departing for our camp at the Firestone Scout Reservation. Scouts should dress with layered clothing to peel off as the day warms up. Important: the early morning ride will be cold and *may* be wet. Weather updates will be provided by the Senior Patrol Leader and his staff during Thursday Food Shopping.

All riders should arrive at the church with two bags:

- 1) a day pack (or bike bag) with jacket, essentials, SNACKS, and WATER. ***NOTE: nothing can be carried in the rider's hands. You must carry your items in a SMALL backpack, a bike bag or basket attached to your bike.***
- 2) a duffel with all personal overnight camping gear to be loaded into a vehicle for direct transport to the campsite.

See below for detailed lists of the rider gear and the camp gear.

**SUNDAY, Nov. 20, 2022:** At 9:00am, after a hearty Troop-Feed breakfast, the riders will be shuttled via the Flatbed Trailer to the starting point in Brea. The riders and Chase Crews will proceed to LFUMC. The remaining Scouts and adults, including the Flatbed trailer crew, will break down the kitchen, load rider gear onto the Flatbed, and pack the Troop Trailer. All available hands will facilitate a smooth camp departure.

Riders are expected to arrive at Lakewood First United Methodist Church around noon, depending on road/weather conditions and the fitness of the riders!

### **Participation Requirements:**

In order to participate on the ride, riders *must* have:

- A properly fitting bicycle helmet and (optional) for emergency communications.
- A functioning bicycle with properly functioning brakes and changeable gears. *Road, Hybrid, or Mountain style recommended.* BMX or beach cruiser style bicycles are allowed, *if approved by the Scoutmaster.*
- Spare Inner Tube that fits the bike's tire + Tire Irons to change tubes.
- Backpack or bike rack with snacks. ***Each rider must provide own snacks for Saturday. NOTE: nothing can be carried in the rider's hands!***
- At least 48oz of water. (2 large-sized bike bottles) Although water will be available during the trip, there may be long stretches between water fill-up stations. Water bottles can be carried on a bicycle mounted bottle cage or a daypack. A Camelback-type hydration daypack is ideal for many T212 trips and can be useful to carry snacks, jackets and other items.
- Applied sunscreen, SPF 30 or greater.
- Bright-Colored Safety Vest (provided for Scouts) and layered clothing including an outer windbreaker or rain jacket. "Hoodies" cannot be worn over/under the helmet as they unsafely block the rider's vision. Use a lightweight beanie or skullcap under the helmet, if cold.
- Personal Identification (name, address, contact information).
- **Please note, ear-inserted music listening devices are not allowed.**

Optional but highly recommended bike-riding equipment:

- A small bike repair multi-tool or kit
- A small portable tire hand pump
- An padded bicycle seat cover
- Biking shorts w/padding
- Whistle
- Small First Aid Kit
- Riding gloves and lightweight warm gloves for the early morning cold
- Sunglasses
- Pencil/Notebook for route info (MB Requirement)
- Pocket Knife

**At a minimum**, the following items for CAMPING should be packed, Riders and non-riders:

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|--|---|---|
| <input type="checkbox"/> Appropriate clothing for night<br><b>(Day 70°s, Night low 50°s)</b> | <input type="checkbox"/> Warm jacket                          | <input type="checkbox"/> Flashlight         |
| <input type="checkbox"/> Change of pants, shirt, socks and underwear for Sunday Ride         | <input type="checkbox"/> Mess Kit (utensils, bowl, mug, etc.) | <input type="checkbox"/> Toilet paper       |
| <input type="checkbox"/> Extra Shoes   | <input type="checkbox"/> 10 foot Rope                         | <input type="checkbox"/> Toothbrush & paste |
|  | <input type="checkbox"/> Sleeping Bag and Pad                 | <input type="checkbox"/> Ground Cloth       |
|  | <input type="checkbox"/> Non-Riders – 10 essentials           | <input type="checkbox"/> Scout Handbook     |

### **ADULT SUPPORT:**

This trip requires considerable adult support in various forms. Please offer your assistance in at least one of these areas:

- 1) Able-bodied riders to travel all or part of the ride on Saturday and/or Sunday.
- 2) Trailer Support: Several roles necessary for both Saturday and Sunday:
  - a) Transport the Troop Trailer to Firestone on Saturday and return on Sunday.
  - b) Pull the flat-bed trailer for four separate tasks:
    - i. On Saturday morning, transport all bikes to the starting point in Rialto.
    - ii. Saturday afternoon, use the flatbed to shuttle bikes from Diamond Bar INTO Firestone.
    - iii. On Sunday morning, use the flatbed to shuttle bikes OUT of Firestone into Brea.
    - iv. Sunday morning, transport non-riders' bikes to LFUMC (those who opt out of Sunday's ride home).
- 3) Chase Vehicles: At least 5 chase vehicles with **capability to carry bikes**. Each Chase crew will have two individuals capable of driving and/or navigation along the route. Chase crews will meet riders along the route to provide safety checks, water, snacks, repair and general support. Also, to transfer riders who abandon the course. Troop and several parents own hitch-mounted bike racks, if needed.

- 3 -

- 4) Master Roster Keeper: Record/Keep track of the location for each rider and Support Vehicle out on the course.
- 5) Prepare and cleanup lunch for the riders and support crew at June Vail Park in Claremont. Please sign up on the Kitchen Duty Roster.
- 6) Camp Kitchen set-up and Meal Prep: Adults will be needed to set up the adult kitchen and preparing for the arrival of the riders on Saturday. Likewise, breakdown of the camp kitchen after the riders leave on Sunday. Please sign up on the Kitchen Duty Roster.

Please advise Chuck Smith as to the areas that you would like to support. You will be signed up on the Program Support Duty Roster and/or Kitchen Duty Roster.

*Adult* (not scouts) support crews have the option of camping overnight with the troop or return home for the night, then returning Sunday morning to assist the troop in packing up and/or supporting the riders safely to their destination. Adult support may also have the option of supporting only Saturday or only on Sunday, *depending upon the amount of adults who volunteer to assist*. Please note: Firestone Gate hours are 9pm close and open at 8am. Vehicles may leave Firestone at any hour. Special arrangements must be made with *Scoutmaster* to enter after 9:00pm or earlier than 8am.

As is the tradition of all Troop 212 adventures, this will be a safe and fun outing, due in no small way to our adult support. If you have any questions, please call or e-mail John Douglas or Chuck Smith.

Sincerely,  
Chuck Smith