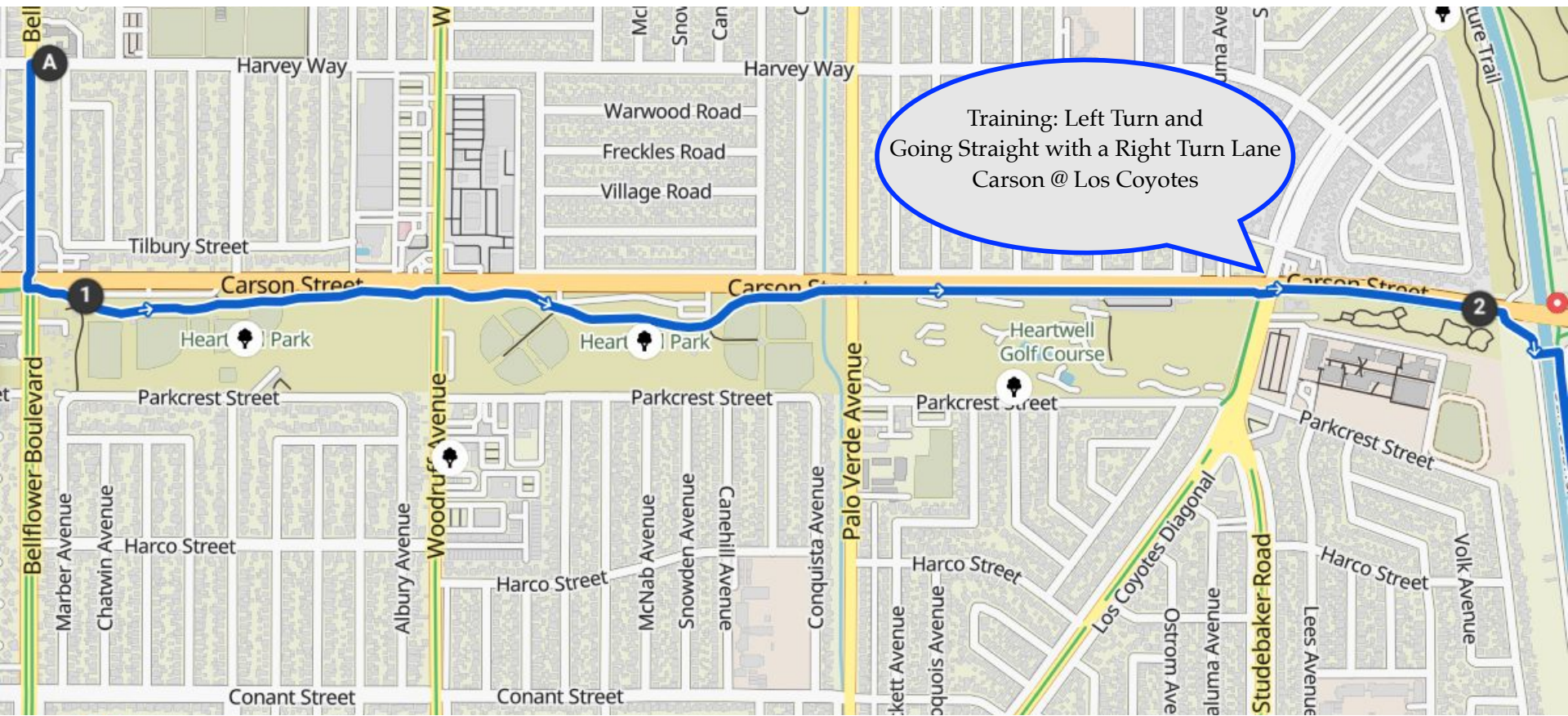


This is the full map
zoomed out

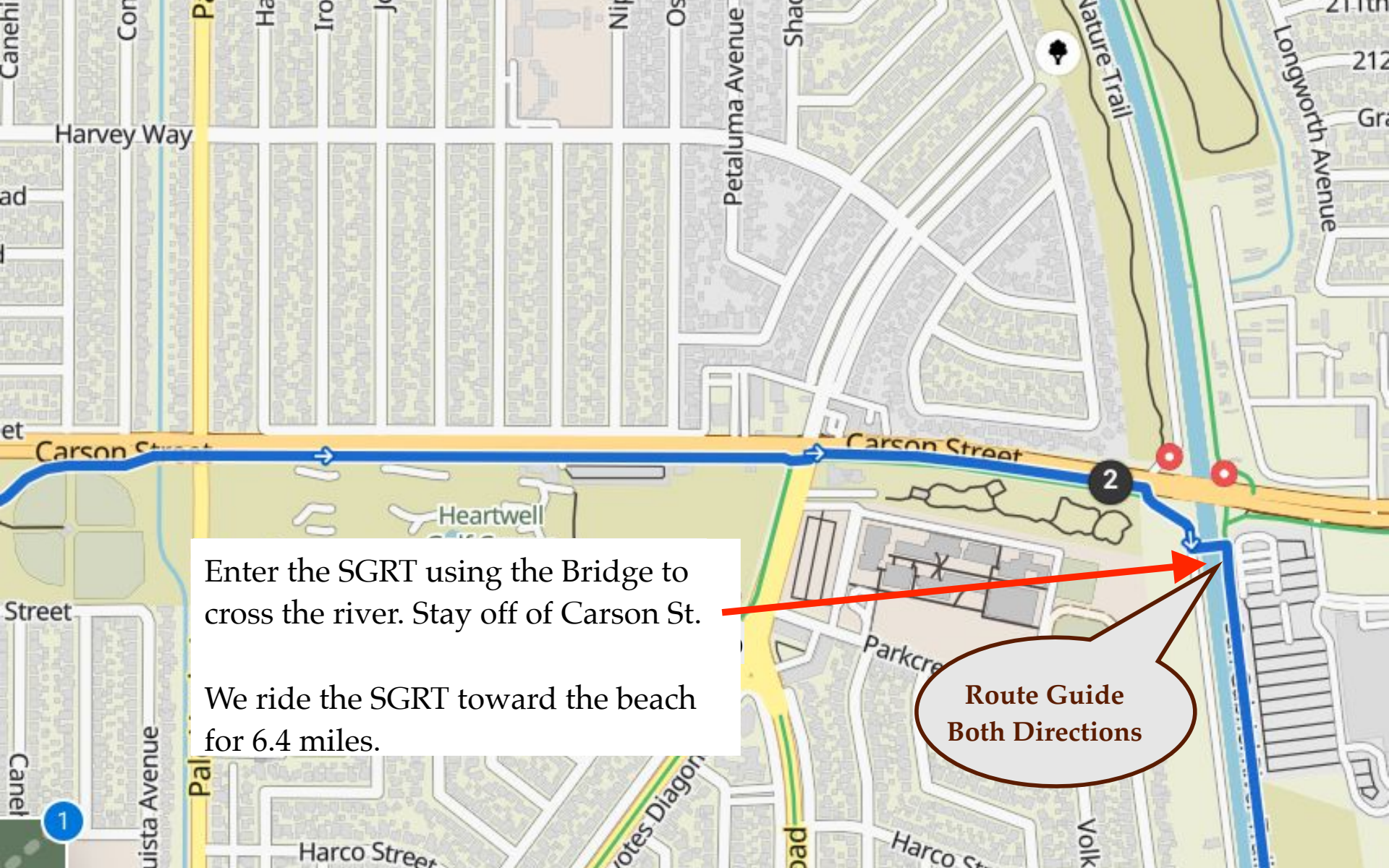
Distance each way = 10.25 miles

Start = Lakewood First United Methodist Church
End = Louisiana Charlies (Mother's Beach)



Training: Left Turn and
Going Straight with a Right Turn Lane
Carson @ Los Coyotes

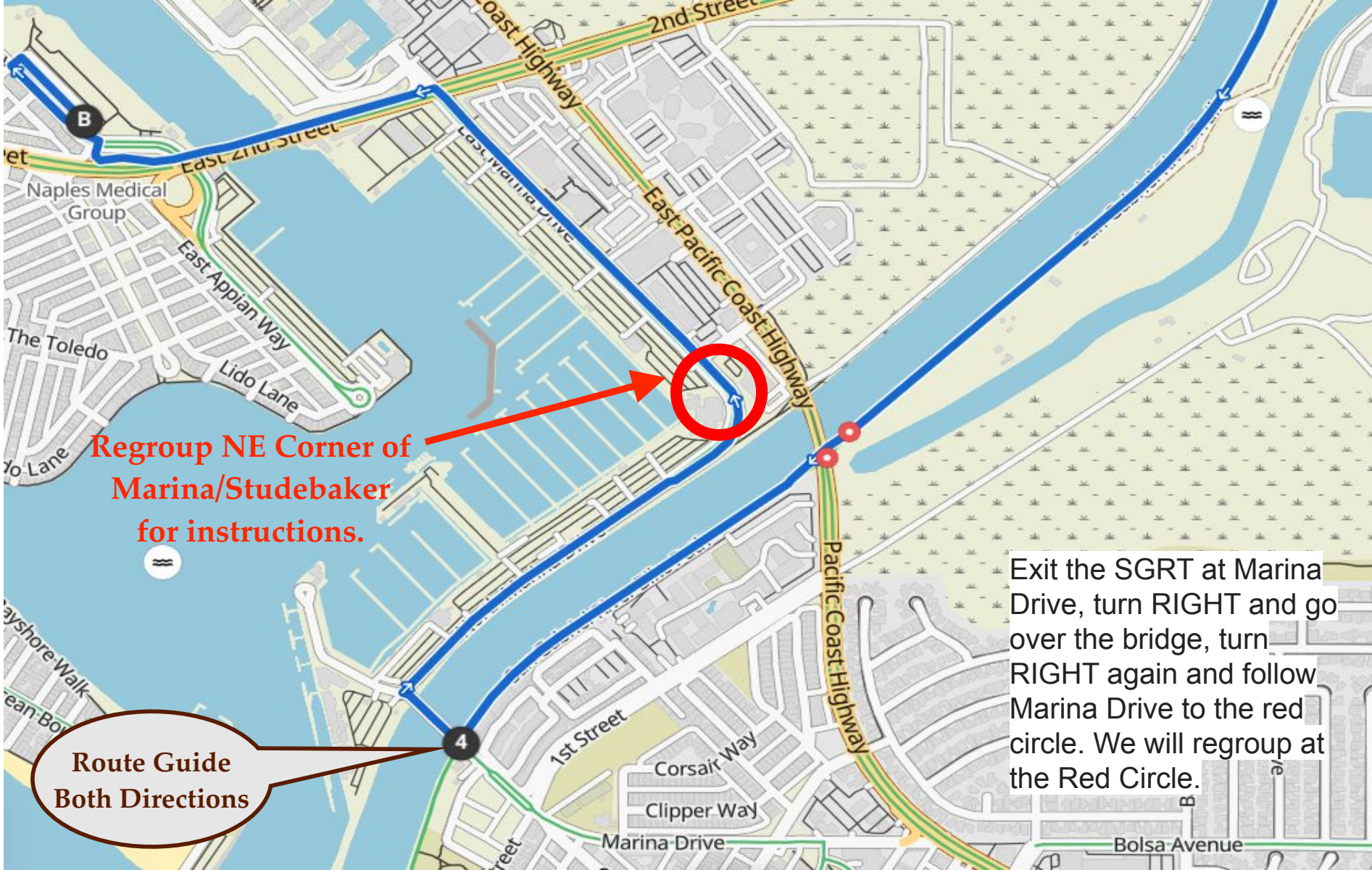
The Church is point A. The curvy lines going to the right is the bike path that goes through Heartwell Park to the SGRT.



Enter the SGRT using the Bridge to cross the river. Stay off of Carson St.

We ride the SGRT toward the beach for 6.4 miles.

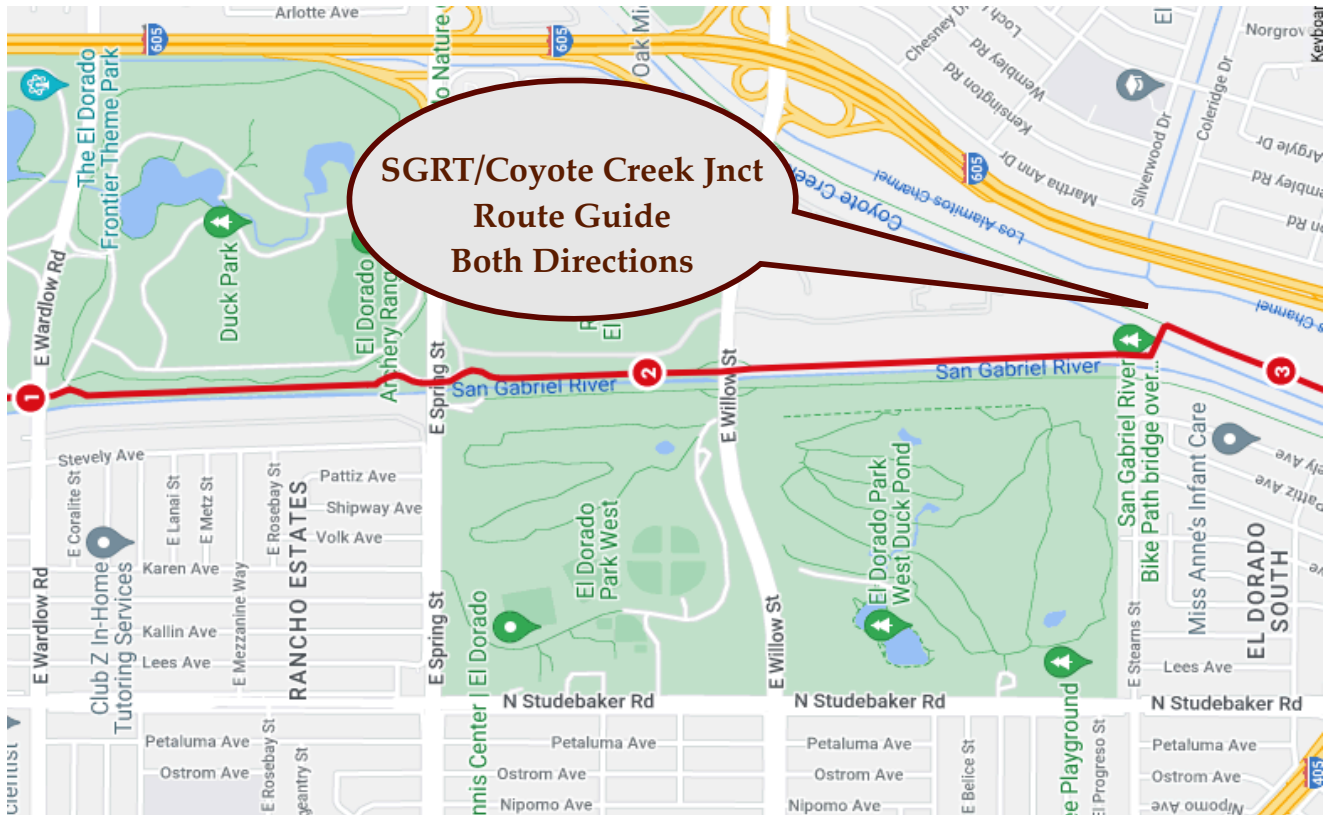
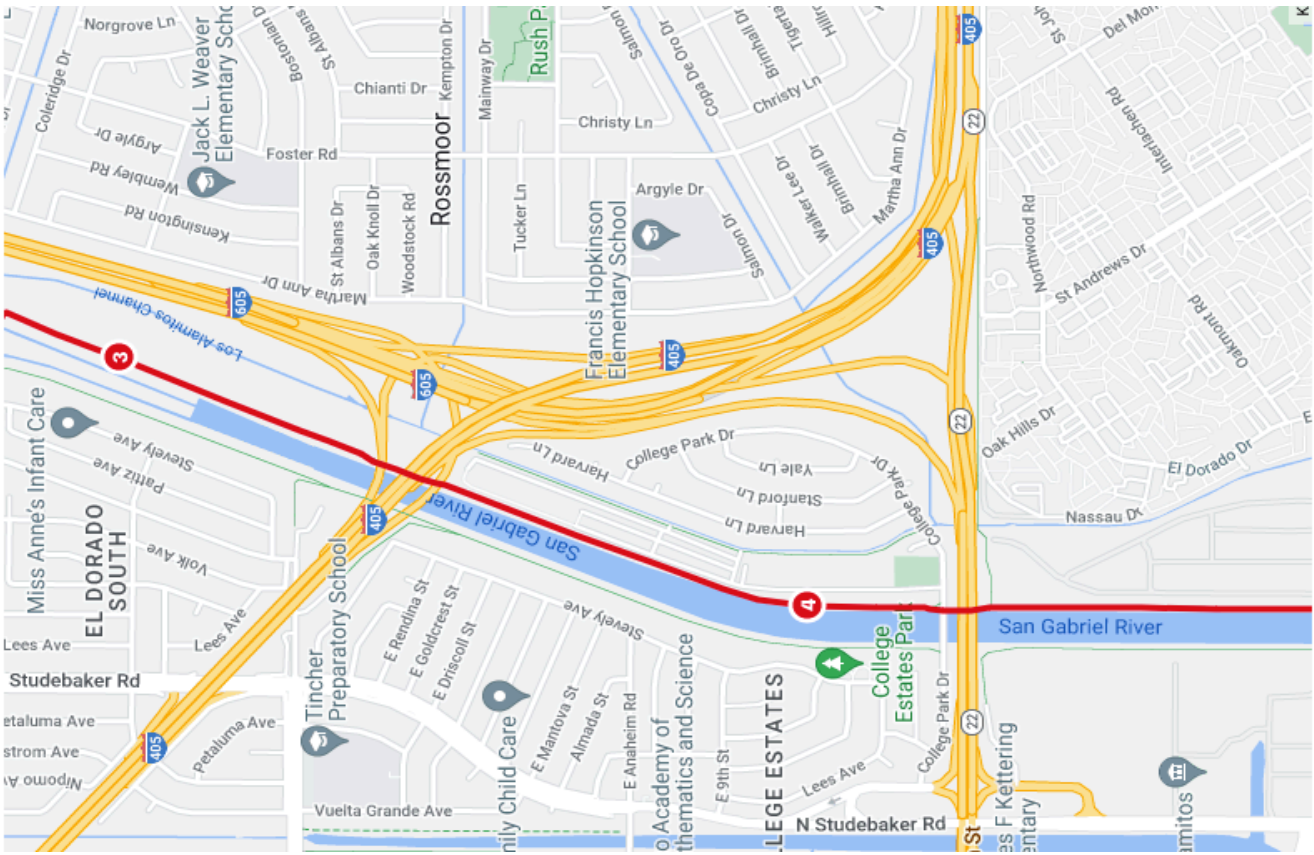
**Route Guide
Both Directions**

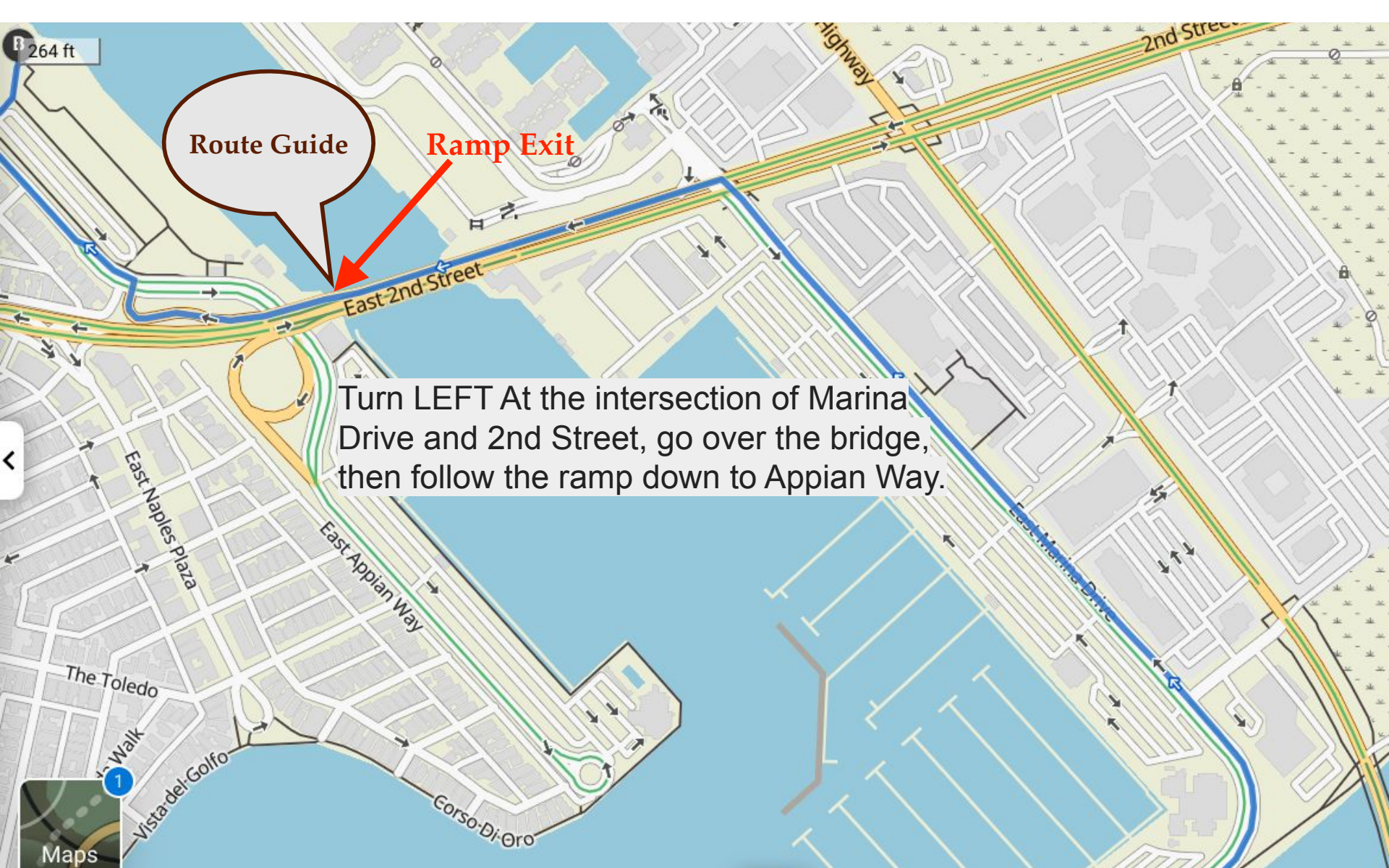


Regroup NE Corner of Marina/Studebaker for instructions.

Route Guide Both Directions

Exit the SGRT at Marina Drive, turn RIGHT and go over the bridge, turn RIGHT again and follow Marina Drive to the red circle. We will regroup at the Red Circle.





Route Guide

Ramp Exit

Turn LEFT At the intersection of Marina Drive and 2nd Street, go over the bridge, then follow the ramp down to Appian Way.

264 ft

Maps

264 ft

Louisiana Charlies

B

Appian Way

Turn LEFT on Appian Way to the restaurant. BEFORE CROSSING APPIAN WAY, WATCH CAREFULLY FOR CARS COMING FROM BOTH DIRECTIONS!!!

Traffic!!!

Safety Guide

Return Path to 2nd Street

